



Miling Primary School

AN INDEPENDENT PUBLIC SCHOOL

27 February 2019

School Report

This newsletter is a combination of School & Community news and as a result some content may not reflect Miling Primary School's attitudes or values.



MORAL PURPOSE:

to provide the opportunity for our students to become well informed, actively involved, positive citizens through: developing life long learners and maximizing the potential of every student.



Dear Parents and Community

The school term is well underway and the children have settled into their routines. It is great to see teachers and parents supporting their children to become independent and organised. There is safety in routine and whilst routines are ordinary, they ground children and build their confidence.

SWIMMING LESSONS

Last week, the PP to Year 6 students travelled to Moora for swimming lessons. All students participated with great enthusiasm and tried their hardest. Miling PS students were noticed as being very respectful and responsible in their learning and behaviour at the pool. Thank you to Mrs Dennis, Mrs Barnard, Mrs Harrington and Mrs Seymour for driving the buses and to the supervising staff. The Interschool Swimming Carnival is on March 15th. We look forward to cheering the children on as they put their swimming skills to the test. Information regarding the carnival will be coming home shortly.

ASSEMBLY

Our first assembly for the year was held on Tuesday and the Senior Room students performed one of my favourite stories, "The Sneetches". In true Dr Seuss fashion the rhyme teaches children a valuable lesson. It provides the message that race and ethnicity need not be dividing lines in our society, and that we can coexist peacefully, regardless of our external differences. It was wonderful to hear grandparents and parents take delight as the Plain-Belly Sneetches and Star-Belly

Sneetches tried to battle their way through Sylvester McMonkey McBean's Star-on Star-Off machine. As Caleb said, the underlying message is to treat others as you wish to be treated.

SCHOOL COMMUNITY MEETINGS

Both the P&C and the School Board had their meetings on Tuesday. It is wonderful to be part of a strong and hardworking school community. Each group has a different role and their ongoing support to the school is invaluable.

The school Board plays an important role in contributing to good school governance. They help ensure school resources are used efficiently, and community expectations and the school's priorities reflect the needs of its students.

Joining the P&C is a great way to get involved in the school community, keep up-to-date with what's happening at the school and contributing to your child's education by improving the facilities and opportunities available at the school. Your contribution can be as large or small as you can manage. Our P&C are eager to support the school with the impressive funds they have raised.

PUBLIC HOLIDAY

This Monday March 4th is Labour Day, a public holiday, and the school will be closed. I hope you have a safe and happy break with family and friends.

Kind regards
Mishelle DelCaro
Acting Principal

PRIDE - EFFORT - PROGRESS

Working Hard

"Our LOTE lessons are well underway due to the technical genius of Mrs Jones and the Logitech earphones with microphone purchased with an Education Department grant. The online delivery through SIDE has the students interacting with their LOTE Teacher to learn about the Indonesian culture and to participate in conversational Indonesian.



The Juniors have been studying History in HASS. The Pre-primary students, Dale and Mitch have been learning about their own history. Each bought in a photo of themselves as a baby and their own baby toy. They stood in front of the class to tell the other students about it.



Chaplain Wil Cooper will be leaving Miling and his last day is this Friday. His sincere and down to earth approach has been greatly valued at Miling and the staff and students will miss his support and friendly smile. We wish Wil and his family all the best for the future. Thank you Wil!



In the playground our students show how responsible they are when returning after playing safely in the Nature Play area. There is much care and respect shown when older and younger students mix at Miling PS. Chaplain Wil is there on Fridays to chat with the students and lead them in the right direction!

Miller is a great help at playground pack-up time. He is there to lend a hand and to make sure the bikes are parked properly.



Assembly Merit Certificate Recipients

26
February
2019

Back, L - R
Caleb and Ryan

Front, L - R
Mikala, Miller,
Libby and
Heidi S



Libby - Libby has started off this year with fantastic enthusiasm and a positive attitude towards Year One. She consistently tries her best at everything she does and is very enthusiastic about her learning. Libby also shows great care and compassion towards her peers and staff. Congratulations, Libby!

Miller - Miller has been working extremely hard this term in showing perseverance during all activities. He has demonstrated very positive work habits by listening to instructions and attempting all new tasks with enthusiasm. Keep up the great work, Miller!

Heidi - Heidi has displayed sound work habits this term and has displayed a good understanding of all concepts covered in Mathematics, particularly in the Number strand. She can read and write numbers into the millions as well as accurately add multiple numbers together. Well done, Heidi!

Caleb - Caleb has stepped up this year into a Student Leader role and has already displayed great leadership skills. He follows our school values of kindness and perseverance during classroom tasks, and is setting a good example for our younger students to follow. Keep up the great work, Caleb!

Mikala - Mikala has started the year off well and is following our school values on a consistent basis. In English, her oral reading is fluent and expressive and she has displayed a good understanding of all that she reads. Keep up the great work, Mikala!

Ryan ... Aussie Of The Month - Ryan is a friendly and helpful member of the Senior Room. He consistently displays the Miling Primary School values of kindness, respect, perseverance and cooperation to his fellow peers and staff members. Ryan has displayed great leadership skills both in class and on recent excursions and is a responsible role model for others to follow. Keep up the great work, Ryan!



"The Marvellous Miling Library"



Families and Miling Playgroup

Just a reminder ...

*The Miling P.S. Library is available for the whole community to use.
We welcome any Playgroup Mums who would like to borrow a book for their toddlers.*

Thursdays, 2.30 to 3.00 pm

NEW BOOK ARRIVALS



REMEMBER.....

To bring a book bag or plastic bag to protect our books.



Mrs Topham says..... **HAPPY READING !**





PRIME MINISTER

MINISTER FOR EDUCATION

Dear parents, carers and the school community,

Keeping our children safe is a shared responsibility. Schools, governments at all levels, the Australian community and, first and foremost, parents take this obligation seriously.

As parents, we know that it can be challenging to raise children today in a world where risks to safety can appear not only on the street but online. And it is not always easy to navigate when the online world can have real world physical and mental health impacts.

That is why our Government has developed resources to empower parents (and schools) to protect children and prepare them to be resilient, responsible and respectful adults:

- www.esafety.gov.au – resources that promote online safety including tackling image-based abuse and a complaints service for young Australians who experience serious cyberbullying.
- www.studentwellbeinghub.edu.au – support for students, parents and teachers to create a learning environment that promotes student wellbeing and the development of respectful relationships.

You can also visit www.bullyingnoway.gov.au for education and advice for kids, parents and schools on how to combat and respond to bullying.

Whatever age your kids, it is never too late to make changes to improve their welfare. With the fresh start that a new school year brings we encourage you to use these resources for practical advice on keeping your family safe and well through the year.

Yours sincerely

A blue ink signature of Scott Morrison, written in a cursive style.

SCOTT MORRISON

A blue ink signature of Dan Tehan, written in a cursive style.

DAN TEHAN



Building resilience through mindfulness

Resilience is a person's ability to cope with stressful events and bouncing back after the difficult times. It also helps mental well-being, in particular, dealing with stress and anxiety.

One way of building resilience is focusing on managing and responding to emotions in a healthy and positive way.

Mindfulness focuses on the present, what is going on inside you and your surroundings. Practising mindfulness can help your child pay attention to their thoughts and feelings in the moment, and manage them effectively.

Alongside mindfulness training, use the examples below to help your child voice, respond to and manage emotions:

Use open-ended questions with your child

Encourage your child to talk about feelings

Acknowledged when your child is distressed

Help your child regulate emotions

Talk to your child about preparing for events

Help your child to realise that difficult times are a part of life

For more information about building resilience in children visit <https://healthyfamilies.beyondblue.org.au/healthy-homes/building-resilience> or contact your local School Health Nurse.

Quick Tip

Prepare children for big life events that may be stressful by building their coping skills and resilience. Mindfulness training can help your child recognise thoughts and feelings they experience during a stressful event. Taking control of their thoughts and feelings can help reduce stress and anxiety.

Try these free mindfulness apps: Smiling Mind, DreamyKid and Headspace.

VOLUNTARY CONTRIBUTIONS

Payment of Voluntary Contributions is now due.

\$60 per Pre-primary to Year 6 student.

**Payment can be made
via EFT to the school bank account
or by forwarding cash/cheque to the school.**

**Thank you to those who have already paid.
Your promptness is appreciated.**

Miling Community News



MILING COMMUNITY CHURCH

Services Held:-
2nd Sunday @ 9.30am & 4th Sunday @ 8am
Followed By Morning Tea!

ALL WELCOME !



CONGRATULATIONS
to Natham and Shannon Turner



FOOTY TIPPING TIME

Same as last year \$50.00 each.
Names into Vikki at Post Office.

First games 20th March.



The only dreams
that come true are
the ones you chase,

if you do nothing,
you get nothing

Joseph Atser

www.wow4u.com

CONGRATULATIONS TO PAST STUDENTS



Awarded an Australian Scout Medallion.
Pictured outside Government House with his very
proud Mum.

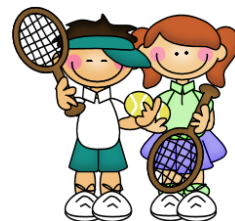


Awarded a Certificate of Excellence for Media Production and Analysis.

Pictured here with his very proud (and lead actors in Jack's short film) Mum & Dad.



Miling Tennis Club



- ♦ **Saturday 2nd March 2019** - No official tennis, but anyone is welcome to go down to the courts and have a hit. From 4.00pm. BYO dinner.
- ♦ **Saturday 9th March 2019** - Normal tennis. Starting at 4.00pm. BYO meat with a salad to share, for dinner.



Congratulations



Our 2019 Mixed Doubles Championships were held last weekend, with our



Winners being Sheryle Moore & Tony White and

Runners Up being Shilo Bailey & Derek Stewart

REGISTRATIONS NOW OPEN

2019 MOORA TRIATHLON

24 MARCH 2019

16 & under \$25 each | Adults \$40 each

SIMCOA OPERATIONS FUN COURSE
(All Ages) - 150m Swim | 6km Cycle | 1.5km Run

TOPP DOGG SHORT COURSE
(Open & U16s) - 350m Swim | 12km Cycle | 3km Run

SPRINT COURSE
(Open Only) - 650m Swim | 18km Cycle | 4.5km Run

Register on:
<https://www.facebook.com/shireofmoora/>
<https://www.moora.wa.gov.au/>

For further information please contact:
 Kurt Winkovich on 9851 0000 or k.winkovich@moora.wa.gov.au

MOORA PERFORMING ARTS CENTRE PRESENTS

SPIKE

BY LITTLE WING PUPPETS

A baby Echidna in search of where he belongs.

Friday 8th March

10:30am Show \$10

11:30am Shadow Puppetry workshop \$5

Tickets available at <https://www.trybooking.com/ZXEH>



St John First Responder App

St John First Responder

St John Ambulance WA has released a new, free smart phone app, First Responder.

The St John First Responder app has a range of features, one being its unique first responder capability. The app allows qualified first aiders to sign up as a first responder and be notified when someone has called 000 for an ambulance within 500 metres of their current location and in a public place.

To become a first responder you will need to provide evidence of having completed a first aid course within the last three years. Minimum qualification level of HLTAID001 Provide cardiopulmonary resuscitation. We now offer the ability to become a BASIC level first responder in the app, by uploading your Photo ID.

If you're not looking to sign up as a first responder yet, then that's okay! The app also contains a number of other resources, including:

First aid instruction guides - helping you to treat a range of injuries and illnesses.

Triple zero (000) calling with automatic GPS location - calling 000 from the app will send your GPS coordinates direct to the St John State Operation Centre, making it easier for an ambulance to locate you.

Defibrillator (AED) locator - showing all the defibrillator locations near you

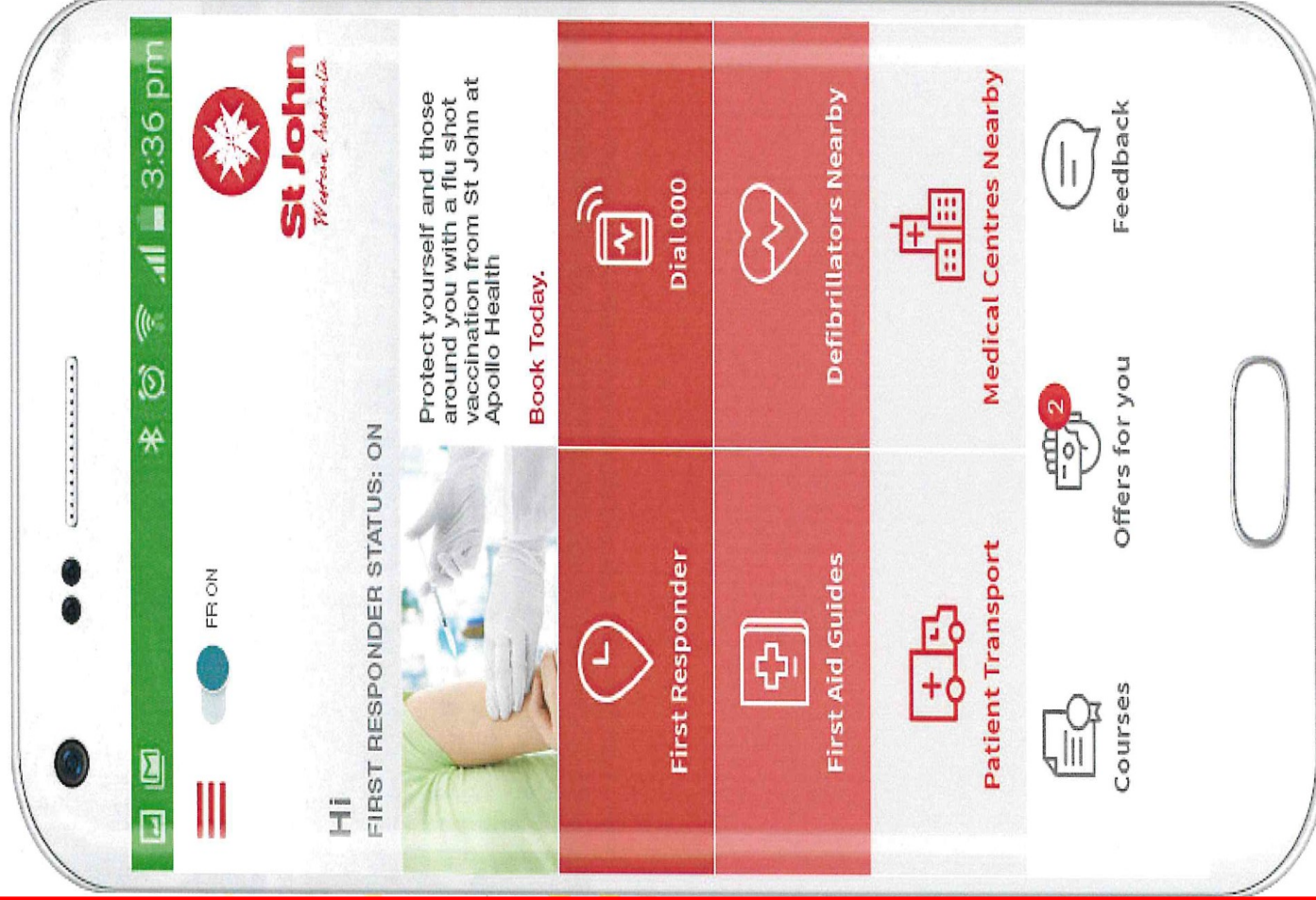
Upload the location of new defibrillator (AED) locations that aren't currently appearing on the app.

Locate nearest medical centres and emergency departments - including live ED waiting time information.

Patient transport services information.

Your first aid course information and refresher reminder notices

First aid tips and special offers - keeping you up to date with handy first aid information.



Great Northern Highway – Muchea to Wubin Miling Bypass

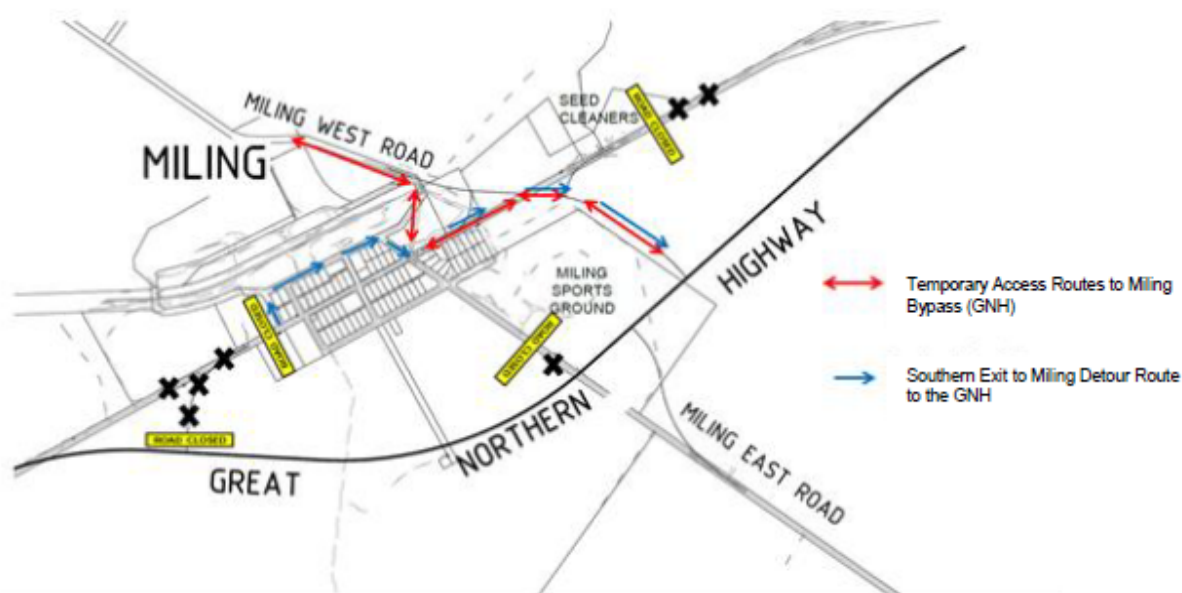
Roadworks Update

Miling Bypass Traffic Switch to be implemented Wednesday 27/02/2019

The Miling Bypass is to be opened today, Wednesday 27 February 2019. Traffic will now permanently be switched onto the new Great Northern Highway (GNH) eastern bypass, along with the southern section of the project, with temporary access to and from Miling to be via Miling West Road.

To facilitate further construction works on the Miling Bypass project, the following traffic switches will occur;

- Access to Miling townsite from the south is now temporarily CLOSED. Traffic to access Miling via the new eastern bypass and Miling West Road alignment. Refer to sketch below.
- The Miling West Road (west of the Old GNH) will be temporarily reduced to single lane traffic.
- The GNH alignment north of the Miling Seed Cleaners is now permanently CLOSED. Refer to sketch.
- Miling East Road can be accessed from the new GNH eastern bypass.
- Access to the Miling Sports Ground will always remain open. Miling East Road cannot be accessed from Seymour Street.
- Lyons East Road Intersection Upgrade Works will commence



INDUS Civil and Mining Pty Ltd (previously Watpac Civil and Mining Pty Ltd), on behalf of Main Roads, are the contractor upgrading the GNH from Lyons East Road to Miling North Road, including the construction of an eastern bypass of the Miling town site. Construction is expected to be complete by mid-2019. INDUS and Main Roads thank the community for their patience during the construction.



Australian Government



IN PARTNERSHIP WITH JACOBS | ARUP

138 138
enquiries@mainroads.wa.gov.au
www.mainroads.wa.gov.au

BUILDING OUR FUTURE



Picture 1 – looking south from Cut 1. Picture 2 – looking north from the Miling Water Tower



Further information and updates

If you have any questions, queries or feedback please do not hesitate to contact the project team via email info@m2w.com.au or phone 1800 820 366. For further information see <https://project.mainroads.wa.gov.au/home>



Australian Government

BUILDING OUR FUTURE



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LANDMARK

KENSO
agcare
Together we grow

Elders
Insurance
Wongan Hills, Dalwallinu

PLUM GROVE
professional innovative reliable

DBM Deep Bush Mechanical

UNITED
Forklift and
Access Solutions

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BIKE IT TO BALLIDU - Friday 22nd March, 2019

Ballidu Progress Group

Submit forms via email or text to
Leanne Bradford - Email: mlbradford16@bigpond.com Mobile: 0427743032

BEFORE WEDNESDAY 20th MARCH, 2019

All nomination forms require each team member's signature to be eligible.

(Signatures can be submitted at the event)

Team Name _____

Support Vehicle Registration Number → _____

Categories - Mixed Gender ☐ Team Female ☐ Team Male ☐ Team Vets (40yrs +) ☐ Top of the Hill ☐ Individual ☐

(Teams consist of 4 separate riders)

Names of Competitors

NB: Please identify your 'Hill Rider' if in a team.

1. _____	Mobile #: _____
2. _____	Signature _____
3. _____	Signature _____
4. _____	Signature _____

ENTRY FEE \$60.00 per Team / Individual Rider - EARLY BIRD PRICE \$50 If Nomination Form & Payment is 'received' by 15th March

PAYMENT - Cash or EFT (Preferred) Team name as description

(BSB: 036-177 A/c # 14-2842 Ballidu Progress Group)

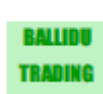
NB: Competitors/Support Crew (ENTER AT THEIR OWN RISK) - The organizers of this event will accept no responsibility for personal injury or claims of damage to vehicles or equipment during the course of this event. Please also note that by signing this form it allows the committee to use all photos taken for current and future advertising of Bike It to Ballidu and any publications pertaining to the event.
(Competitors must be *16 years of age and over by 31st Dec. 2018).

RULES & INSTRUCTIONS FOR ALL RIDERS

- Teams consist of 4 separate riders.
- All cyclists must wear an approved helmet.
- All cyclists must be present at the start by **3.30pm**. They must collect their briefing papers and be properly marked with their team number identification.
- Support vehicles must be located at the signed/designated area at the CRC 'The Station', Wongan Hills before the race commences and follow their riders at all times as per briefing papers. Limit of 1 support vehicle per team - **excluding Individual Riders** who **do not** have a support vehicle, however water is available at check points for your safety.
- Start time is **4.00pm**: The first riders depart the CRC 'The Station' simultaneously with Vets & Top of the Hill Riders commencing from the Research Station.
- Individual Riders must ride **no more** than 2 abreast at all times.
- All team riders must **changeover** at the designated changeover point.
- Both riders must be stationary before the next rider departs a checkpoint.
- Before commencing their leg, a rider may be aided by another team member by holding their bike stationary before take-off.
- Support vehicles must be able to carry all riders and passengers with seatbelts on. No one is to ride on the back of tray tops or utes.
- Support vehicles may carry extra bicycles in the event of a puncture. In case of a puncture a swap of bicycles is then possible to allow the rider to continue riding to the next checkpoint. Support vehicles must be cautious of all other cyclists.
- Support vehicles must have a **flashing amber light** and **may not exceed a speed limit of 40kmh during the race.**
- The race must be completed within sufficient light (this will be monitored by the Police and event organisers.)
- Competitors ensure you have adequate water & medication with you to complete the event.**
- Individual Riders, Vets & Top of the Hill Teams are **not eligible** for 'Crack the Hour', or 'King & Queen' of the Mountain prize money.
- 'Top of the Hill' - teams commence at the Research Station and one of the riders will only complete one leg of the event (novelty prizes will be rewarded at the presentations.)

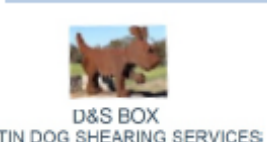


Dunn Aviation Australia



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TERM PLANNER – TERM 1 - 2019

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Feb 4 Students Resume	5 Kindy commences	6 Early Close 2.30pm	7	8
2	11	12	13 Newsletter Parent Info meet K-2 1.30-2.00 3-6 2.00-2.30 Early Close 2.30pm	14	15 COMMUNITY BBQ - 16 FEB
3	18 SWIMMING	19 SWIMMING	20 SWIMMING Early Close 2.30pm	21 SWIMMING	22 SWIMMING
4	25	26 Senior Assembly School Board	27 Newsletter Early Close 2.30pm	28	Mar 1
5	4 LABOUR DAY PUBLIC HOLIDAY	5	6 Early Close 2.30pm	7	8
6	11	12	13 Newsletter Circus Challenge 9.45am Early Close 2.30pm	14	15 I/S Swimming Carn
7	18	19	20 Early Close 2.30pm	21	22
8	25	26 School Board	27 Newsletter Early Close 2.30pm	28 Jnr Assembly	29
9	Apr 1 CAMP	2	3 Early Close 2.30pm	4	5
10	8	9	10 Newsletter Early Close 2.30pm	11 ANZAC Ceremony	12 LAST DAY OF TERM